



FOR IMMEDIATE RELEASE

September 16, 2022

Restoring Hope and Cultivating Communities Recovery Walk

The Brainerd Lakes Drug Education Coalition (BLADE) has partnered with the Northland Arboretum to hold a Recovery Walk on Thursday, September 29th at 5:30 pm. This is a chance for the community to come together to celebrate Recovery Month by increasing awareness and understanding of mental health and substance use disorders and restoring hope by spreading these important messages: “behavior health is essential to health, prevention works, treatment is effective and people recover.”

BLADE has been actively recognizing National Recovery Month by requesting a Recovery Proclamation from the County Board, hosting a Recovery Card Project with the Crossing Arts Alliance, sharing stories of recovery with the community and the Recovery Walk at the end of the month. National Recovery Month is dedicated to promoting and supporting new evidence-based addiction treatment and recovery practices, as well as honoring those who are passionate service providers and community members. It’s also a time to celebrate those individuals who have reached recovery.

The event will include music, activities, door prizes and fellowship. There will be a candlelight walk through the Arboretum at dusk to honor those in recovery and their loved ones. All ages are welcome at the event. Please bring friends and family and some lawn chairs. The Recovery Month tagline is “*Recovery is for Everyone: Every Person, Every Family, Every Community*” reminds people in recovery and those that support them, that recovery belongs to all us. We are called to end gatekeeping and welcome everyone by lowering our barriers to recovery support, creating inclusive spaces and programs and broadening our understanding of what recovery means for people with different experiences.

For more information or to support the work of BLADE, please visit us at www.facebook.com/BLADEBrainerdLakes or email blade@crowwing.us

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Our Mission: Serve well. Deliver value. Drive results.
Our Values: Be responsible. Treat people right. Build a better future.